

Academic Advising

Student Development Center 3612 Seamans Center The University of Iowa Iowa City, IA 52242 319.335.5763

Academic Success Contract – Continued on Probation

Student ID:	e-mail:	@uiowa.edu
Name:		
Last, First		_
CURRENT REGISTRATION		
Goal GPA (this semester):		
ACADEMIC PROBATION REQUIREMENT	rs	
To meet the requirements of academic probation Spring 2024 semester.	n, students must complete the f	ollowing by the conclusion of the
 By Friday, February 16, 2024: Complete this contract and requi After meeting with your advisor, Advising and Student Support to Earn at least a 2.0 term GPA or maintain Attend at least TWO academic success we 	schedule a meeting with Josh A finalize your contract. a 2.0 cumulative UI GPA	tcher, Director of Academic
Failure to meet any of the requirements of your College of Engineering.	probation will result in your disn	nissal from the University of Iowa
Significant changes to your registration, missing coursework toward your degree may result in your Engineering Academic Review Committee.		
Student (print full name)	Signature	Date
Academic Advisor (print full name)	Signature	 Date
Josh Atcher		
Director, Academic Advising and Student Support	Signature	Date

Return the signed document, along with the Self-Assessment Worksheet to the Student Development Center, 3612 SC or electronically to Engineering-SDC@uiowa.edu.



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Self-Assessment Worksheet

Please take time to reflect on last semester and select any areas that have challenged you. Send this completed form to your academic advisor prior to your academic success appointment. Once you have met with your advisor and have their signature, bring or send the completed form (including signatures) to your meeting with Josh Atcher for your final approval.

FACTORS THAT AFFECTED MY ACADEMIC PERFORMANCE (check all that apply)

Over committed Did not attend class Felt overwhelmed Did not complete coursework / assignments Course selection Academic / career goals unclear Motivation / procrastination Difficulties with course content Questioning choice of major Poor time management Lack of interest in course material Uncertainty of interests, skills, abilities Easily distracted by friends or social activities Course modality / online learning Issues with living situation or roommate Homesick / missing friends Other:

REFLECTION ON ACADEMIC BEHAVIORS

1. In terms of academic difficulty, last semester was:

Easier than I expected About what I expected Harder than I expected Please explain:

- 2. How would you describe your overall efforts in your courses last semester?
- 3. Last semester, how often did you attend class?

Almost never Rarely Half the time Usually Always

4. Last semester, how many hours did you spend studying outside of class?

0-10 hours 11-20 hours 21-30 hours 31-40 hours 41+ hours

5. Describe two things you feel you did well when preparing for assignments and exams. Consider improvements made over your previous semester on probation.



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6. How would you describe WHEN and HOW you typically prepared for assignments and exams?

	Never or rarely	Some of the time	About ½ the time	Most of the time	Almost always
I studied a day or two before the deadline					
I studied at least 3-4 days before a deadline					
My study sessions were 30-60 minutes					
My study sessions were an hour or longer					
I studied on my own					
I studied with other students					

7. To what extent did you use the following strategies and resources to support your learning?

	Never or rarely	Some of the time	About ½ the time	Most of the time	Almost always
Attended Engineering Tutoring, Supplemental Instruction (SI), Departmental Help Labs, Hansen Center for Communication, or other/private tutoring					
Completed assigned readings / problems before class					
Created concept maps, flow-charts, or other visual representation of key ideas					
Created my own study guide and practice questions					
Explained concepts to someone else					
Reread and highlighted textbook before exams					
Rewrote my class notes					
Searched external sources (videos, YouTube, etc.)					
Summarized key topics in my own words					
Tested myself with flashcards, Quizlet, or similar					
Completed practice exams provided by the instructor					
Visited instructor and/or TA office hours					
Attended Student Success Workshops					
Utilized University Counseling Service Resources					
Other:					



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ACTION PLAN

In addition to improving your GPA, identify two realistic goals for the semester as well as the actionable steps and resources you will use to achieve these goals. The more specific you are about how and when you will use these strategies, the more likely it is that you will follow through with your plan. For assistance with goal setting, check out the following resource: Setting Effective Goals

GOAL 1:
Action Steps:
Resources to achieve the goal:
GOAL 2:
Action Steps:
Resources to achieve the goal:
ADDITIONAL STUDENT COMMENTS (optional)
ACADEMIC ADVISOR COMMENTS:
JOSH ATCHER, DIRECTOR OF ACADEMIC ADVISING AND STUDENT SUPPORT COMMENTS: