Academic Success Workshops – Engineering

All workshops will be held in 3612 SC. Please sign up at 24 hours in advance using this link: http://tiny.cc/WorkshopSignUp. If you are not able to attend a workshop but would like to review the materials, contact Josh Atcher at josh-atcher@uiowa.edu.

So Much to Do, So Little Time: Time Management Strategies for Academic Success
Learn about tools to create effective time management plans and to recognize how your academic success is affected by time management.

- Wednesday, 1/29 – 4:00-5:00 PM
- Tuesday, 3/10 – 4:00-5:00 PM

Test Taking Skills & Strategies: How to be a More Effective Test Taker at Iowa
Learn about effective ways to approach exams, including memory techniques and strategies for tackling multiple choice questions.

- Thursday, 2/6 – 4:00-5:00 PM
- Monday, 3/2 – 12:00-1:00 PM

Reading & Note Taking: How to Actively Read & Take Organized Notes
Learn about organizing, recording, and reviewing information from textbooks and methods for taking organized notes during lectures and presentations.

- Wednesday, 2/12 – 12:00-1:00 PM

Daily Habits of Successful Students: Creating Habits that Make a Big Difference
Learn about the daily habits of a successful student, what basic academic behaviors are and how you can use them, and how daily habits affect your GPA.

- Monday, 2/17 – 4:00-5:00 PM

General Study Skills: Finding an Environment and Method that Work for You
Learn about creating study timelines and which environments contribute to being a successful student.

- Friday, 2/21 – 12:00-1:00 PM

Bouncing Back in Times of Stress: Resiliency
Learn about bouncing back from situations that do not go as planned and set a path towards success.

- Thursday, 2/27 – 4:00-5:00 PM