

The University of Iowa College of Engineering
Cooperative Education and Internship Program
Mid-Term Analysis & Reflection Paper (40 Points)

A 3-4 page analysis and reflection of the experience to date is due at the mid-term. The purpose of the paper is to help the college verify that the experience is related to your curriculum as well as provide you an excellent foundation to assist in formulating answers to future behavioral interview questions.

The paper should be word processed, double-spaced with 1 inch margins and 11 or 12 point professional font. The completed paper should be turned in through the drop-box on ICON and is due each session you are on assignment. See the deadlines below:

- a. October 30th for Fall Co-op/Internship
- b. March 30th for Spring Co-op/Internship
- c. July 30th for Summer Co-op/Internship

The paper should include a **StAR** analysis of how you are applying your engineering, research, communication, organization, and leadership skills: what is the **Situation/task(s)** you are engaged in, what specific **Actions** you are taking, and what are the **Results** of your actions.

Include how the job description compares with your expectations, what goals have been achieved and how, and what goals are still to be met.

Please also comment on the supervision and feedback received and what courses/skills have been most useful and why. Please include other thoughts and analysis that you feel are important.

You must complete a paper each session you are on assignment. If you are completing more than one session at the same employer, the second paper can be shorter at 2-3 pages in length. Discuss how your projects have progressed, observations you have made about the culture/workplace, and if the experience has confirmed or changed your career goals.